

Family Recovery

Early Family Recovery

- Engaging family in recovery/
providing education on addiction
- Honesty
- Accountability from addict
- Boundaries
- Acceptance



Concept by Patrick Carnes and Stefanie Carnes 2012



Middle Family Recovery

- Trauma resolution and
Processing
- Empathy (resolving emotional
aftermath)
- Taking responsibility
- Forgiveness work
- Restructuring family and
stabilizing
- Exploring sexuality



- Intimacy
- Vulnerability
- Commitment
- Sexual reintegration
- Couple renewal
- Spiritual development
- 12 Step service

Late Family Recovery

Illustrated by RKaminsky 2012