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ABOUT THIS BOOK...

- Sexually Transmitted Diseases (**STDs**) are diseases that affect your sex organs (pussy and cock) both inside and outside the body.
- You can get a STD by having sex (straight fucking, butt sex, blowjob) with someone who is infected.
- There are many STDs out there and you never know who might have one. Wearing a **CONDOM** every time you have sex is the **BEST WAY** to protect yourself from an STD-other than not having sex at all.
- Lots of people get STDs, don't be embarrassed.
- Some STDs can be cured.
- Some STDs can't be cured which means you will have them forever but you can still live a healthy and normal life.
- Use a mirror and get to know what you look like down there so you will know if there is something wrong.
- It is important to know that the pictures in this book are the worst of the worst and not all STDs look this bad.
- Some STDs are reportable which means that you will have to tell the nurse or doctor the names of all the people you have had sex with so they can be contacted and treated.

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- There is a lot of stuff in this book and some of the pictures are gross but maybe they will help you know if you have a STD.
 - If you think you have a STD go to the nearest STD clinic, Birth Control clinic or SEE your doctor as soon as possible.
 - This book was written by a group of people who work on the street, a nurse and a social worker.



None of the characters in this book are real people. All the names and stories are made up.



CHLAMYDIA Cla-mid-ee-ah

Patricia loved sex and had sex any chance she could. As time went on, Patricia became ill with pain in her tummy, chills, bleeding between periods and a burning feeling in her lower stomach after having sex. Patricia decided to visit the local clinic and the doctor asked questions about her sex life. Patricia talked about it. This is when the doctor said that she had chlamydia. Stressed and embarrassed Patricia asked how to get rid of it. The doctor gave her antibiotics. He also said that she should try to use lots of lube and an extra strong CONDOM when she has sex.

Meet the most popular bugs in town!

What is it?

Chlamydia is a bacteria.



How do you get it?

By having sex with someone who has it.

For guys chlamydia infects the shaft of the penis and for girls chlamydia infects the women's insides (cervix).

Chlamydia can also live in the eyes and the butt.

Signs and Symptoms

You might see symptoms within a few weeks after being with someone who has it.

(many women and men don't know they have because they might not have any symptoms)

Women:

- extra wet vagina
- screwed up periods
- pain in the lower stomach during sex



Men:

- a few weeks after having sex with someone who has it, your penis might start dripping even when you are not hard. It may drip all the time.
- your penis might burn when you take a pee especially if you haven't peed in a while
- you might feel burning in the shaft all the time

How do you know you have it?

You have to go see a doctor to get tested for chlamydia. It is really important to tell anyone you have had sex with that you have it so they can get treated too. If not, you will just keep passing it back and forth.

Treatment:

Chlamydia is treated with medication (antibiotics). You only have to take it once. Try not to have sex while you're taking medication but if that is too hard, don't forget to **USE A CONDOM**.

The bad news is:

If you put off going to the doctor for too long, chlamydia can cause a lot of damage to your insides. You might not be able to have kids later on.



The good news is:

Chlamydia can be cured!





CRABS (crotch crickets, love bugs)

Bill and Barb had been married for 25 years but Barb knew things were changing between them. Bill was spending more and more time away with "the boys". It had been a long time since they had sex and Barb thought tonight was the night. They made love for hours. Three days later, Barb was very itchy below and noticed blood spots on her panties. She was scratching herself raw. Barb told her friend Ginger about this and Ginger told her to get her ass to the doctor. "Guess what," the doctor exclaimed. "You have crabs." Barb cried, "what do I do, how did I get this?" The doctor explained how people get crabs. Barb got the feeling Bill was cheating on her and she asked him when she got home. Bill said yes...

What is it?

A bug that lives in the pubes. They are big enough to be seen and lay eggs that stick to the hair. They can live in the chest hair, thigh hair and under the arms. Crabs are different from head lice.

How do you get them?

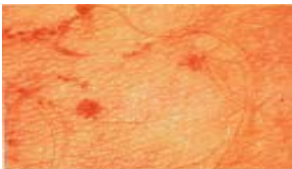
- sleeping in the same bed OR skin to skin contact with someone that has crabs
- sharing clothing, towels, blankets with an infected person



Signs and Symptoms:

Men and women will have the same signs and symptoms.

- itchy feeling in areas where you have body hair (except the head)
- small blood spots on panties or underwear from bugs biting in warm hairy (pubic) area
- condoms don't stop you from getting them
- you can see them if you look real close



Treatment

- shampoo with bug juice like Kwellada® and NIX® (do not use Kwellada® on small children, if you are pregnant or have HIV!)
- use a fine tooth comb to get rid of the eggs
- **REGULAR SOAP DOES NOT KILL CRABS!**
- some people shave all their hair and it works
- change the beds and wash all clothes, towels, sheets and blankets in hot soapy water or put things outside if it is really cold because crabs don't like the cold
- vacuum your house from top to bottom



Check yourself weekly because the crabs might come back and if they do, you will have to shampoo again.

The bad news is:

You might feel a little creepy if you have them.



The good news is:
Crabs can be cured!





GENITAL WARTS (pickle dick)

Gladys met a guy from a dating service and she decided to meet him at Sassy's Strip Bar. Once Gladys arrived the two of them talked a bit, had a drink, and relaxed. After a few drinks, Gladys took the guy to her apartment. Since she was paying a lot for this guy, Gladys asked him to do a table dance for her. He slowly took down his boxers and Gladys noticed that his cock looked like it had teeny cauliflowers attached to it. When she asked him about it he told her it was a birth defect. They had sex without using a condom and a couple of weeks later Gladys noticed that she had a "birth defect" too...



What are they?

Genital warts are lumps and skin coloured bumps caused by a virus.

How do you get them?

By skin to skin contact with someone who has them through:

- sex (straight fucking)
- oral sex (blow jobs or eating out)
- anal sex (up the ass)

Signs and Symptoms:

Some people don't even know they have warts because they might be in a place where you can't see them.

Warts aren't painful either so you can't feel them. If you don't do anything about them, more and more keep growing!

Men:

- pimply dink
- looks like a rash
- looks like skin coloured cauliflowers around the head of the penis and can be found around the butt



Women:

- grows inside a women's vagina
- can be found outside and around the vagina as well, and looks like cauliflower





Pregnant Women: need to be extra careful and see the doctor regularly if they have warts.

Treatment:

Warts can be burnt or frozen off by the doctor. If you have a lot of warts you might have to come back more than once for treatment to get rid of them all.

DO NOT use over the counter wart medicine because you can do a lot of damage to yourself! Genital warts are different from the ones you get on your hands or feet.

The bad news is:

The virus that causes warts cannot be cured and warts may lead to cancer if left untreated. Using a condom may not stop the spread of warts.



The good news is:

If you take care of yourself and see your doctor regularly, you can stay healthy and prevent the warts from coming back.



Gladys was worried about her "birth defect" and went to see the doctor. She wasn't too happy when she found out she had warts. Gladys never forgot to use a CONDOM again.

GONORRHEA *Gone-or-ree-ah*

(the dose, the clap, the drip)



18 year old Ryan was hungry for sex and he was still a virgin. His friends decided to get him laid for a gift so they took him out to find a working girl. When they found the right girl they sent her to Ryan's hotel room. Ryan, being so excited, jumped into bed with the woman without putting a condom on. 4 days later Ryan's penis burned when he pissed, and there was some funky discharge coming from the end of it. Ryan got scared and thought his dick might fall off so he went to see the doctor.

After doing some tests the doctor told Ryan he had gonorrhoea...



What is it?

Gonorrhoea is a germ (bacteria).

How do you get it?

Gonorrhea is passed easily through body juices. It can live in any wet place in the body where you have sex like the:

- mouth or throat-where you won't feel it or even know you have it
- butt-if you have it in the butt, you might see puss or blood in your underwear or on the toilet paper
- vagina
- inside of the penis



Signs and symptoms:

Men:

- red sore drippy penis after about a week
- hurts to take a pee
- 2 in 10 men don't even feel sick





Women:

- funky smelling discharge from vagina
- hurts to pee



If you think you have it, get yourself to the doctor! Don't wait until you're really sick.



Important! Gonorrhea can be passed to newborn babies during birth and cause blindness. All babies are given eye drops at birth to prevent infection.

Treatment:

Gonorrhea is treated with antibiotics.

The bad news is:

If you don't get it treated or wait too long to see the doctor you might not be able to have kids later because the gonorrhoea will damage your insides. And you keep spreading it around.



The good news is:

Gonorrhoea can be cured and it does not become a lifelong friend.



The doctor gave Ryan a prescription for antibiotics and told him to take all the pills before he has sex again. He also told him to become more friendly with condoms.

The moral of the story...no glove, no love!

HEPATITIS B Hep-a-tight-us (Hep B)

Judy was having a party at her place when her friend Deedee showed up with two gorgeous guys she met at the bar. Judy was feeling fine after a few drinks and started making out with one of the guys. Judy was so drunk that when they started fucking she forgot to ask him to put a condom on. Judy woke up the next morning with a really bad hangover which got worse when she realized that she didn't use a condom the night before. Judy was so afraid of getting pregnant...

A couple of months later, Judy started feeling like shit. She didn't want to eat and was throwing up all the time. Judy thought she was pregnant so she went to see her doctor. The doctor told her she wasn't pregnant. "Phew," Judy thought. He then told her she had Hepatitis B. Judy started crying. She didn't know how she could get this disease.

The doctor explained:

Hepatitis B is a virus that attacks the liver and it is found in blood and cum (semen and vaginal juices).

Hepatitis B causes the liver to become swollen. You need your liver to stay healthy.

Hepatitis B is different from Hepatitis C.

How do you get it?

By having sex without using a condom or sharing needles, water and equipment with someone who has it. If you have open sores and come into contact with infected blood, you can get Hepatitis B.

Hepatitis B can also be passed through the breast milk of moms who have it.

Signs and Symptoms

You might not know you have it for a long time (1 to 6 months) and some people have no symptoms at all.

- puking
- don't feel like eating
- pain in your gut
- skin rashes
- yellowing of your skin and the whites of the eyes



Effects of hepatitis on the liver

How do you know if you have it?

You will have to have a blood test to find out if you are infected.

Prevention:



There is a vaccine (shots) that can protect you against Hepatitis B. You will have to get 3 shots over 6 months and then you will be protected for up to 10 years.

The bad news is:

Some people will not get better and might spread the disease without knowing it. Hepatitis B can lead to cancer of the liver if you don't take care of yourself.



The good news is:



8 out of 10 people will get better! If you have Hepatitis B and take care of yourself, you can stay healthy.

For the next few months Judy took it easy. She made sure she got a lot of sleep and ate well. Judy stopped partying for awhile because the doctor told her that drinking too much would hurt her liver even more. Judy got better and always tried to take care of herself.

HERPES Her-pees

Ginger and some friends went to the Easy Lay Inn on Friday night. Ginger met and took home a new guy named Jack. In the heat of passion, the guy went down on her without using a condom. Days later Ginger felt a stinging pain when she was peeing. She used a mirror to look down there and saw a red sore. Ginger wanted to know what it was so she went to the health centre to see the nurse. The nurse told her she had herpes.

What is it?

Herpes is a virus which means it is a friend for life and will not go away. There are 2 kinds of Herpes virus but they can be spread to the same parts of the body.

How do you get it?

Passed on through skin-to-skin contact with someone who has sores or blisters on their vagina, penis, mouth or butt.



Herpes can also spread to a newborn baby during childbirth. It is important to let your doctor know if you have an outbreak of sores.

Signs and Symptoms: (are the same for both men and women)

- painful water filled blisters 2-20 days after contact with someone who has them
- you might feel like you have the flu
- headache
- fever

Some infected people don't even get sores but can still pass the virus to others.

Women:

- get sores on the vagina or near the asshole
- sores might develop inside where you can't see them



Men:

- can get sores on the penis, balls or around the asshole

How do you know if you have Herpes?

If you see a sore and you think you might have herpes, you have to go to the doctor to have a test.

Treatment:

There is no cure but there are some very good medications that might help the sores heal faster and decrease the pain.

The bad news is:

You can get herpes even if you are using a condom because the sore might be in a place where the condom doesn't cover. You can get sores over and over again so it is important to know the symptoms and watch for sores (outbreaks).



The good news is:



Some people will have an outbreak of herpes and never have one again. Relaxing, eating and sleeping enough can help decrease herpes outbreaks. Try not to have sex if you have sores and always wear a **CONDOM** even if you don't have any sores.

Ginger was surprised when the nurse told her that you could get herpes if the person going down on you has a cold sore on their lips.

Human Immunodeficiency Virus HIV Aquired Immuno-Deficiency Syndrome AIDS

It was Friday night so Caroline went clubbing with her girlfriends. While at the Moonbeam Bar, she met Ike a super hottie. Closing time came quick but she didn't want the fun to end so she went home with Ike and they had a little party of their own. She went to her purse to grab a condom and Ike said, "Come on baby we don't need that," he said. "It doesn't feel the same with a rubber and I want to really please you." Caroline thought to herself, "He's cute and doesn't look sick so I guess we don't need to use protection." A few days later she caught a cold. Months passed and her cold wouldn't go away. She started losing weight. Caroline went to the local health clinic, and the doctor gave her a blood test. Two weeks later when she came back for her results, the doctor asked her to sit down. "Caroline," he said, " You have tested positive for HIV."

What is it?

HIV is a virus that causes AIDS. If someone is HIV positive, it means they have the virus. Over time, the virus might kill the immune system. When the immune system no longer works, the person will get sick. This is called AIDS. People can die from the infections that their immune system can't fight off.

Some people have HIV for many years before they get sick.

How do you get it?

When the virus gets into your blood, then you have a chance of getting HIV. The virus can get into your body by:



Sharing Rigs - the easiest way to get or spread HIV because it goes straight into the vein.

Sharing Equipment - spoons, cookers, vials, filters, and water used for mixing. They might look clean, but they can spread HIV if they've been used by someone else.



How do you get it? continued...

Sex (straight fucking)

Women: there's lots of movement and lots of chances for the woman to get little rips in her vagina. When the guy cums, it (and the virus) can get into the woman's blood.

Men: there could be cuts or rips on the man's penis that he can't see or feel. Another way for the virus to get in.

Anal Sex (up the ass) - this area is NOT very wet and doesn't stretch easily, SO there's a good chance that the skin will rip. The virus can get into the blood this way.



Oral Sex (Blow job or eating out) - open sores in your mouth are openings for HIV.

Sharing sex toys - if the toy has blood or body fluid on it, it could also have the virus on it. Clean the toy with bleach and water before you share. Or put a new condom on the toy each time you use it, especially if you go between the butt and the vagina. (Use the condom with only one person)

Signs and Symptoms (men and women can have the same signs and symptoms)

Some people do not have any symptoms and might have HIV for years before they know it.

Signs and symptoms that some people might notice after becoming infected might include:

- a cold that lasts for a long time and won't go away
- sweating very heavily at night
- swollen bumps under the arm and in the groin area
- tired all the time
- weight loss



These symptoms may go away and then the person will feel healthy.



How can you find out if you have it?

You have to go to the doctor, STD clinic or other health centre to get a special blood test. It is **IMPORTANT** to know that you won't get tested unless you say it's ok.

Treatment:

- There is no cure for HIV/AIDS.
- There are medicines that will help people live longer.
- Starting HIV medications is a big decision to make. The meds can be really hard to take and you need to be sure.
- If you want to take HIV meds, talk to your doctor and get as much information as you can.



How can you protect yourself?

- if you fix, use only your own rig, water for mixing, filter, cooker, vial and spoon
- don't share straws or pipes if snorting or smoking (you might have cracks on your lips or nose where the germs can get in)
- use condoms or dams no matter what kind of sex you're having no matter who you're having it with (use flavored condoms for blow jobs only)
- use extra lube with the condoms
- don't share needles or ink for tattoos
- don't share razors

How you might feel when you find out you have HIV?

- angry
- that life is over
- ashamed
- confused
- devastated
- go into denial
- think about ending it all



What can you do?

- Ask someone you trust for advice.
- Talk to someone you trust for support (there are places you can go to talk to people who understand what it feels like to be HIV positive).
- Find out what the facts are. Ask your needle exchange, STD (sexually transmitted disease) clinic, doctor, HIV organization for information.
- Remember, not everyone needs to know.
- Learn how to keep yourself healthy.
- Learn how to keep others healthy.
- Try not to panic and **GO HARD** to forget about it for awhile. The healthier you can be, the better it is for you.

The bad news is:
HIV can't be cured.



The good news is:

There are very good medications that can keep HIV+ people healthy for many years. Some people have been living with HIV for over 20 years.



SCABIES Skay bees

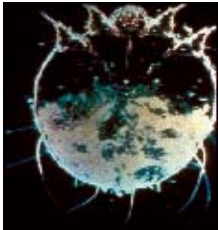
Scarlet crashed with buddy on the couch. About a month later her belly was itchy. In between her fingers was itchy too. The itch was driving her nuts. When she looked at her belly, she saw a rash. It looked like little red bumps.



Scarlet was a little freaked out, so she went to the needle exchange and asked the nurse about the rash. The nurse looked at it and asked Scarlet some questions. She said it could be scabies. "What?" said Scarlet. "I've got bugs?" "Holy shit!"

The nurse explained that:


- anyone can get scabies, it doesn't mean you're dirty
 - scabies needs a person to live on (it can only live for about 2 or 3 days without a warm body)
 - scabies aren't serious, they're just annoying
 - scabies are "mites" (bugs) that only live on humans
 - they "burrow" (dig) under your



-
- skin and lay eggs (this is why you itch)
- you can get scabies by touching bodies (this can mean sex, hugging, cuddling, etc)
 - it takes about 2 - 6 weeks after you get scabies to notice the signs (the itchiness and rash)
 - if you've had scabies before, it only takes 1 - 4 days to notice the signs if you get it again



Treatment:

- There are lotions that have "Permethrin" or "Lindane" in them that will kill the scabies (Kwellada® lotion is popular).
 - It is really **IMPORTANT** to follow the **EXACT** directions when you use this medication. Too much is **NOT** good.
 - Family members and other people living in the house should also be treated.
- 
- Wash your bedding and clothing. If you don't do this, the scabies might come back.
 - You may itch for a few days after the treatment.
- Don't do another treatment for at least 7 days. **ONLY** do another treatment if there is no improvement.

SYPHILIS Sif-fill-us

Frankie didn't want a relationship he just wanted to get laid. He decided to spend an evening at the MysticRain Bath house. He had a threesome that got hot and heavy. He was busy sucking and fucking and got so caught up in the heat of the moment that he didn't even think about protection. Two weeks later he got a sore on his mouth. He thought it was a cold sore but the damn thing wouldn't go away so he decided to go to a doctor to get it checked out. The doctor gave Frankie a blood test and he tested positive for syphilis.

What is it?

Syphilis is an infection caused by a germ (bacteria).



How do you get it?

By having sex with someone who is infected and coming into contact with a syphilis sore (**1st stage**) OR skin to skin contact with someone that has a syphilis rash (**2nd stage**).

There are three stages that an infected person goes through when they become sick with syphilis. Men and women will have the same signs and symptoms:

Stage 1: A sore (chancre) will develop usually 3 weeks after infection in the area where the germs were passed to. The sore could be around or inside the vagina, on the penis, inside the mouth or around the butt. The sore is not painful and some people don't even know they have it. Syphilis is contagious when a person has a sore.

Syphilis sore on a man...



on a woman...



Stage 2: after the sore disappears, a rash will break out anywhere on the body. The disease is VERY contagious when this happens. You may also feel these symptoms:

- not hungry
- hot
- sleepy
- swollen glands (lymph nodes) all over the body



Syphilis rash on feet

Stage 3: This stage happens many years after being infected. The germ stays in the body and can hurt the heart, the brain and cause blindness. During this stage you are not contagious.



Pregnant women can pass syphilis on to their unborn babies.

How do you know you have it?

You have to go see a doctor to get tested for syphilis. It is really important to let anyone you have had sex with know you have it so they can get tested as well.



Treatment:

Syphilis can be treated at any stage with antibiotics.

The bad news is:

If you put off going to the doctor for too long, syphilis can cause a lot of damage to your body that may not be cured. Syphilis is making a comeback, so protect yourself and try to remember to wear a **CONDOM**.



The good news is:

Syphilis can be cured!



TRICHOMONIASIS Trick-o-mon-eye-ass-is (the trick)

Suzy was drunk and wanted cash to keep her high, so she decided to work the streets. A "john" asked her for a lay without a glove, told her he'd pay extra. She was feeling no pain and decided, "Ah what the hell, I could use the extra cash." One week later Suzy noticed a greenish yellow nasty smelling discharge from her pussy. It also burned when she took a piss. She hauled her ass to the doctor and she had a pelvic exam. She was diagnosed with Trichomoniasis. "Damn," she said. "I got Trich from a fucking trick!"



What is it?

Trichomoniasis is caused by a bug that you can't see.

How do you get it?

Having sex with a person who has it without using a condom.

Signs and symptoms:

If you have had sex with someone who has it, you might have these signs and symptoms within a week:



Women:

- fishy smelling greenish discharge from the vagina
- itchy crotch
- hurts to have sex

Men: (most men don't have any symptoms)

- might hurt to pee



How do you know if you have it?

You will have to go to the nearest STD clinic or see your doctor to have a swab taken.

Treatment:

Trichomoniasis is treated with antibiotics.

**The bad news is:**

If you put off going to the doctor for too long, trichomoniasis can cause a lot of damage to your insides. You might not be able to have kids later on.

The good news is:

Trichomoniasis can be cured!

It is really important to tell all the people you have had sex with that you have it so they can get treated, or you will keep passing it back and forth.



Suzy got some antibiotics and the trich went away. She felt pretty lucky because it could be cured. Suzy decided that the extra money for not using a CONDOM was NOT worth it.

YEAST Yee-st (not the kind you use to make bread...)



What is it?

A yeast infection is caused by too much of a certain kind of fungus growing in the vagina. You don't always get yeast infections from having sex, so it's not really a STD. A woman with a yeast infection can pass it on to the man she is having sex with and he can pass it back to her, so both people need to be treated.

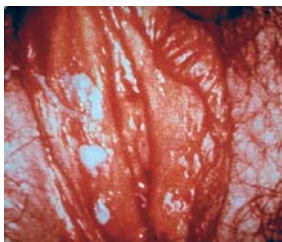
How do you get it?

Some women or men will get more yeast infections than others. Yeast loves to be warm and grows in hot places. There are things that may cause it to grow too much and they are:



- tight panties or wearing panties to bed at night

-
- taking certain kinds of medications like antibiotics
 - using perfumes on your vagina or scented tampons and pads
 - not washing under your fore skin especially after having sex



What are the signs and symptoms?

Women:

- itchy sore red crotch
- white discharge that looks like cottage cheese

Women who keep getting yeast infections, may be getting them from the person they are having sex with. That person should be checked.

If you get lots of yeast infections over and over again, you need a good checkup from your doctor.

Men: (most men don't have any symptoms)

- itchy rash on the penis



Men who still have their foreskin can get yeast infections more easily. They can also pass them on to the person they are having sex with.

Treatment:

Yeast infections are treated with creams and sometimes pills.



The bad news is:

It can be uncomfortable if you get infections often.

The good news is:

Yeast infections can be cured!



BACTERIAL VAGINOSIS Vaj-in-o-sis

What is it?

There are some bugs that live in the vagina and they are good bugs (normal) but sometimes there are too many of them and that can cause bacterial vaginosis.

How do you get it?

When there are too many good bugs.

What are the signs and symptoms?



Women:

- stinky fishy discharge from the vagina



Men usually don't have any symptoms at all.

Treatment:

Vaginosis is treated with pills and sometimes creams.

The bad news is: It can be uncomfortable and embarrassing if you smell strong. Keep clean with soap and water.



The good news is:
Vaginosis can be cured!

NO GLOVE, NO LOVE!

Trixie and Spence met at a house party while doing jello shots. They were totally into each other so they decided to ditch the party and head to Trixie's.



They were on the couch necking and Trixie said, "Why don't we take this to my bedroom."

Later...

Spence was hard and Trixie wanted "it" so bad. Spence pulled a condom from his wallet.

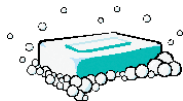
TRIXIE SAYS: DON'T KEEP CONDOMS IN YOUR WALLET, KEEP ONE IN YOUR POCKET AND USE IT SOON SO IT DOESN'T GET WRECKED.

The wrapper looked worn out. "Damn baby, how long has that thing been in your wallet!?"

"I dunno."

"Well here let me see" Trixie said. "All you gotta do is check the expiry date on the package." "Geez this condom expired a year ago!"

"That's ok," Spence replied. " I don't really want to use one of those anyway, I'm clean! Let's get down and dirty."



"Listen Spence I believe you, but for both of our protection it's better to use a safe," Trixie said. "Here let me grab one from my nightstand."

"Oh all right but first will you go down on me?" Spence asked.



"Sure, I have a condom just for giving head," She said. "It's strawberry flavoured."

**TRIXIE SAYS: ONLY USE FLAVOURED
CONDOMS FOR BLOWJOBS BECAUSE
SOMETIMES THEY BREAK AND THE
FLAVOUR CAN CAUSE IRRITATION**

FOR THE WOMAN.

Trixie put the condom on with her mouth and Spence thought she was the sexiest woman alive. "Wow, even with the condom



that is the best head I have ever had!" Spence shouted.

"I want it and I want it up the butt!" Trixie cooed. "But first I need some lube."





TRIXIE SAYS: USE A WATER BASED LUBE TO KEEP THINGS SLIPPERY.

Trixie handed Spence a lubed condom and he was super hard so he carefully rolled the condom down his dick.

TRIXIE SAYS: OPEN THE PACKAGE CAREFULLY SO THE CONDOM DOESN'T RIP.

"Ohh baby, now I want to be on top and make love to you," Trixie said. So Spence pulled out.

TRIXIE SAYS: HOLD ON TO THE CONDOM WHEN YOU ARE PULLING OUT.

Spence was ready. So far this was the best sex he'd ever had, and boy was Trixie ever hot. Spence got into position and eagerly waited for Trixie to climb him.



"Come on babe what's taking so long?" Spence asked. "I'm waiting for you to change the condom," Trixie said.

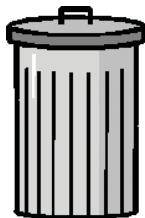
TRIXIE SAYS: ALWAYS CHANGE THE CONDOM IF YOU ARE GOING FROM THE BUTT TO THE VAGINA OR VAGINA TO BUTT.

Spence got on top and rode hard. They were both panting and sweating. They came together and clung to

each other for a few minutes before Spence pulled out. Trixie was anxious to go again. Spence was ready! He was about to get on top of her when Trixie said, "WHOA cowboy!"



TRIXIE SAYS: DON'T USE A CONDOM MORE THAN ONCE.



Spence apologized and said that he was just so excited. He carefully took the condom off and tied it in a knot and threw it in the garbage and they were ready to romp again.

There are many types of condoms:

- men's and women's (see back cover)
- lubed (wet)
- non-lubed (dry)
- flavoured
- coloured
- extra large
- condoms with Nonoxynol 9®
- dental dam (used for oral sex)

For people who work:

Sometimes men will offer working girls more money if they don't use a condom. It's a hard decision to make because some girls need the money badly.

There are ways to make men think they are going inside by using lots of lube and your hand to hold the penis while rubbing it between your legs.

What the condom doesn't always protect you against:

- Crabs
- Herpes

What a condom can protect you against:

- Chlamydia
- Genital Warts
- Gonorrhoea
- HIV
- Hepatitis B
- Syphilis
- Trichomoniasis

If you can't use a condom, use lots of lube because it may protect you from getting a STD.

GLOSSARY

ANTIBIOTIC: medicine that kills bacteria. Different germs need different antibiotics.

BACTERIA: small germs that can be good or bad. Antibiotics work for these.

BIRTH DEFECT: a mental (mind) or physical (body) problem that affects the baby before birth or while the mother gives birth.

BLISTER: swelling of the skin that has watery fluid in it.

CHANCRE: a small hard growth caused by syphilis. (don't get it mixed up with a canker sore which is usually found in the mouth and is not an STD)

CONDOMS: are made of latex or lambskin that covers the penis during sex to prevent pregnancy and some STDs.

DENTAL DAM: a thin sheet of latex used to cover a females crotch for oral sex.

KWELLADA®: is a lotion or cream that is used to kill scabies, (bugs that live under the skin) or it comes in a shampoo that kills head lice. * Follow directions carefully*.

LUBRICANT: a water based jelly like substance.

Only use water based because:

1. The oils in the oil lubrication will destroy the condom making it unsafe to use.
2. Oil lube does not wash out of your body easily and that can cause infections

Lube is good for giving and getting hand jobs

NIX®: a cream rinse, that is safe for children and pregnant women, that is used to kill head lice.

NONOXYNOL 9®: kills sperm and certain bacteria that are responsible for STD's. **it can cause irritation inside the vagina making it easier for viruses to get into the body. It would be best not to use it at all.

ORAL SEX: when a person uses their mouth on another person for sex.

PENIS: a mans sexual organ. Also referred to as, cock, dink, dick, schlong, willy, noodle, one-eyed trouser snake, big hairy, peter, the list goes on...

PUBIC AREA: the crotch

STD: sexually transmitted disease.

VACCINE: (Immunization), a shot that helps your immune system fight off germs (There aren't vaccines for every germ).

VAGINA: the female sex organ for sex, babies, and periods.

VIRUS: very small germs. Antibiotics don't work for viruses.

NOTES