
Steps for Family Recovery

Below you will find the steps involved in bringing wholeness and healing to a family in recovery.

All Family members involved

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Each Family Member Taking Responsibility for Working on His/ Her Own Issues

+

Time

+

New Information and Learning

+

Doing What It Takes

-

Shame

+

A Committed and Genuine Spirituality

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Healing and Recovery

From: Secrets of Your Family Tree by Carder, Henslin, Townsend, Cloud. (1991).