

---

# Steps for Family Recovery

Below you will find the steps involved in bringing wholeness and healing to a family in recovery.

**All Family members involved**

+

**Each Family Member Taking Responsibility for Working on His/ Her Own Issues**

+

**Time**

+

**New Information and Learning**

+

**Doing What It Takes**

-

**Shame**

+

**A Committed and Genuine Spirituality**

=

**Healing and Recovery**

From: Secrets of Your Family Tree by Carder, Henslin, Townsend, Cloud. (1991).